

**My purpose for seeking care in this practice is:**

- Comprehensive health care for myself and my family
- Comprehensive health care for myself only
- Relief of my immediate symptoms only

**Your consultation CANNOT begin until ALL questions have been answered to the best of your ability. Thank you.**

**Personal Details**

Name: \_\_\_\_\_ Mr. Miss. Ms.  
Mrs. Mst. Dr.

Address: \_\_\_\_\_ Suburb: \_\_\_\_\_

Postcode: \_\_\_\_\_ Phone: (H) \_\_\_\_\_ (Mob) \_\_\_\_\_ (W) \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Married Single Divorced Widowed Defacto Separated

Occupation: \_\_\_\_\_ Employer & Address: \_\_\_\_\_

Next of kin: \_\_\_\_\_ Children: \_\_\_\_\_

Who recommended you to the practice? \_\_\_\_\_

E-mail address: \_\_\_\_\_

Is this a work injury case? (Please circle) Yes No

Is this a transport accident case? (Please circle) Yes No

**Previous Chiropractic Care**

Name of Chiropractor: \_\_\_\_\_

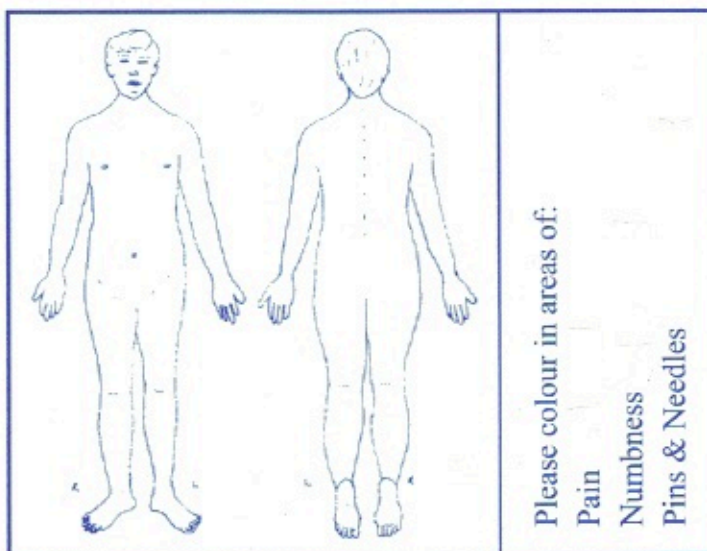
What were you being seen for? \_\_\_\_\_

How many adjustments did you have? \_\_\_\_\_

When was your last adjustment? \_\_\_\_\_

Was your care: Excellent Satisfactory Unsatisfactory

Did the Chiropractor use x-rays? (Please circle) Yes No



**Previous and Current Health**

What is your reason for attending this practice? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How long have you had this for? \_\_\_\_\_ What caused this? \_\_\_\_\_

Have you had this or similar in the past? \_\_\_\_\_ Does this complaint wake you at night? \_\_\_\_\_

What aggravates this condition? \_\_\_\_\_

What relieves this condition? \_\_\_\_\_

Is this complaint (Circle all relevant): Getting worse Constant Comes and goes

Is this complaint interfering with (Circle all relevant): Work Sleep Daily routine Other

List any previous diagnosis and care you have received for this complaint: \_\_\_\_\_

Other Complaints? \_\_\_\_\_

List any surgical operations and hospital stays: \_\_\_\_\_

List all medications and reason for taking (eg. "The Pill" - birth control), health supplements or recreational drugs that you have used recently: \_\_\_\_\_

Do you / or have you ever suffered from any health disorder or major illness? (i.e. diabetes, heart/lung disease, cancer, stroke, thyroid disease)

Is there a history of any of the above or other health disorders in your family? \_\_\_\_\_

Do you have good bladder control? \_\_\_\_\_ Do you have good bowel control? \_\_\_\_\_

Do you have good balance? \_\_\_\_\_ Do you smoke? \_\_\_\_\_

Medical Doctors name & address: \_\_\_\_\_

Have you ever been in a motor vehicle accident:  Past year  Past five years  Over five years  Never

Description: include known or estimated speed of impact and angle of impact (front, side, rear, rollover): \_\_\_\_\_

From a very young age when learning to walk and throughout the rest of our lives we experience literally hundreds of small accidents and traumatic events, please list and detail several of your most significant accidents or injuries: \_\_\_\_\_

**Other Symptoms:** Please tick (✓) any of the conditions you have **NOW**. Please cross (X) any of the conditions you have **had in the PAST**.

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Headache              | <input type="checkbox"/> Cold sweats            | <input type="checkbox"/> Numbness in toes    | <input type="checkbox"/> Constipation          |
| <input type="checkbox"/> Migraine              | <input type="checkbox"/> Face flushed           | <input type="checkbox"/> Numbness in fingers | <input type="checkbox"/> Muscle cramps         |
| <input type="checkbox"/> Stiff neck            | <input type="checkbox"/> Regular colds and flu  | <input type="checkbox"/> Cold hands          | <input type="checkbox"/> Back ache/pain        |
| <input type="checkbox"/> Dizziness             | <input type="checkbox"/> Tension                | <input type="checkbox"/> Cold feet           | <input type="checkbox"/> Painful /clicking jaw |
| <input type="checkbox"/> Vertigo               | <input type="checkbox"/> Irritability           | <input type="checkbox"/> Eczema              | <input type="checkbox"/> Weight loss           |
| <input type="checkbox"/> Loss of balance       | <input type="checkbox"/> Fatigue                | <input type="checkbox"/> Asthma              | <input type="checkbox"/> Fever                 |
| <input type="checkbox"/> Blind spot in vision  | <input type="checkbox"/> Depression             | <input type="checkbox"/> Allergies           | <input type="checkbox"/> Nausea                |
| <input type="checkbox"/> Light bothers eyes    | <input type="checkbox"/> Nervousness            | <input type="checkbox"/> Chest pain          | <input type="checkbox"/> Night pain            |
| <input type="checkbox"/> Ears ring             | <input type="checkbox"/> Loss of memory         | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Night sweats          |
| <input type="checkbox"/> Loss of smell         | <input type="checkbox"/> High blood pressure    | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Heavy legs            |
| <input type="checkbox"/> Loss of Taste         | <input type="checkbox"/> Low blood pressure     | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Buckling/weak legs    |
| <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Pins & needles in arms | <input type="checkbox"/> Diarrhoea           | <input type="checkbox"/> Fainting/drop attacks |
| <input type="checkbox"/> Bad breath            | <input type="checkbox"/> Pins & needles in legs | <input type="checkbox"/> Stomach upset       | <input type="checkbox"/> Bowel/Bladder changes |

**Female** Are you pregnant?  Yes  No

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Menopausal symptoms      | <input type="checkbox"/> Cramps or backache | <input type="checkbox"/> Hot flushes         | <input type="checkbox"/> Congested breasts |
| <input type="checkbox"/> Excessive menstrual flow | <input type="checkbox"/> Lumps in breasts   | <input type="checkbox"/> Irregular cycle     | <input type="checkbox"/> Altered sex drive |
| <input type="checkbox"/> Painful menstruation     | <input type="checkbox"/> Vaginal discharge  | <input type="checkbox"/> Painful intercourse |  |

**Male**

- |  |  |  |                                     |
|--|--|--|-------------------------------------|
| <input type="checkbox"/> Prostate problems | <input type="checkbox"/> Impotence             | <input type="checkbox"/> Altered sex drive     | <input type="checkbox"/> Groin pain |
| <input type="checkbox"/> Pain in testicles | <input type="checkbox"/> Premature ejaculation | <input type="checkbox"/> Undescended testicles |                                     |

**Please rate yourself by circling:**

<b>Pain Rating</b> No pain	0	1	2	3	4	5	6	7	8	9	10	Worst imaginable
<b>Disability Rating</b> Can do anything you want	0	1	2	3	4	5	6	7	8	9	10	Can't get out of bed
<b>Stress Rating</b> Low	0	1	2	3	4	5	6	7	8	9	10	High
<b>What do you think is contributing to your stress?</b>	Work/Career Financial	Physical Stress Emotional Stress	Relationships Chemical Stress	Family Other: _____	Social							

To the best of my knowledge, the above is a true and accurate history. I understand that results from care cannot be guaranteed. I have read and understand my financial obligations regarding this examination and any future care.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_